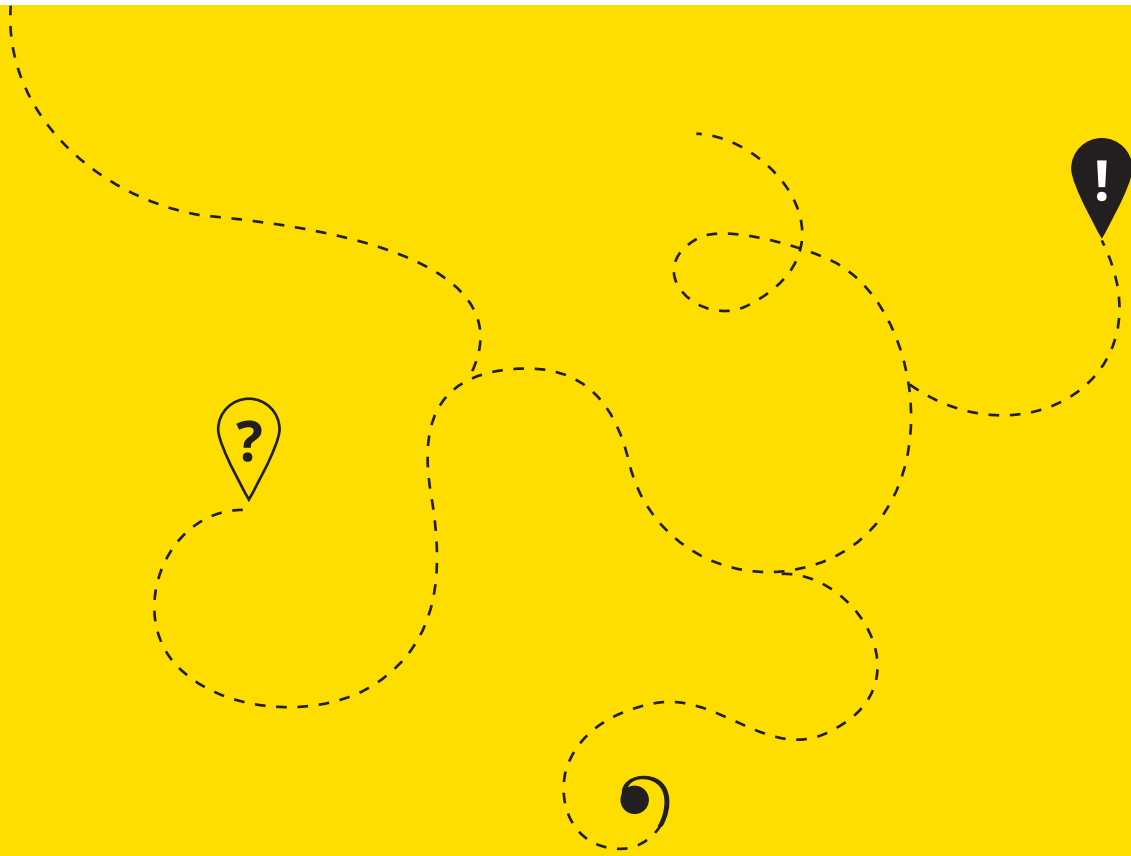




ACCESS-ABILITY INSPECTORS

Training Course, 3-10 March 2017, Latvia



Co-funded by the
Erasmus+ Programme
of the European Union

INFOPACK

ACCESS-ABILITY INSPECTORS

KA1 Training Course, 3-10 March 2017, Jurmala-Latvia

BACKGROUND

This project is a follow-up action of a series of mixed ability group mobility activities initiated by Turkey Youth Union Association, which was initially started in 2012 (Elephant in the Room!) and since then each year the core team partnered and collaborated to implement either partnership building projects or training courses to build a capacity for the youth NGOs in terms of disability rights, accessibility and inclusion of young people with disabilities into youth work. Accessibility has been a significant dimension of these projects. This time Access-Ability Inspectors are warmly invited to Latvia by the host organisation SAY! ;)

OBJECTIVES

- *to develop a better understanding of disability within youth work (key concepts in the field of disability, human rights, respect & responsibilities) and create a disability-friendly concept of youth work through UNCRPD;*
- *to focus on abilities rather than disabilities to improve the interaction between young people (with and without disabilities);*
- *to promote equality and social inclusion in Erasmus + Youth projects;*
- *to learn how to design and implement inclusive and accessible youth activities;*
- *to gain new skills and methodology in order to be able to work with mixed ability groups;*
- *to learn more about deaf culture and sign language.*

PROFILE OF PARTICIPANTS

- *youth workers, leaders, project coordinators, youth trainers, multipliers already working with or willing to work with mixed ability groups of young people;*
- *over 18 years old;*
- *high motivation to implement accessible and inclusive youth projects.*

TRAINING TEAM

C. Elif SERBEST; having an engineering degree, is one of the key staff in Turkey Youth Union Association and has been working in youth field for 13 years. She has been working with young people with different socio-economical disadvantages. She has designed several short and long term international youth projects mainly on human rights, social inclusion, active youth participation and youth policies in Turkey. Since 2007 she has been focusing on mixed ability groups of young people with a wide range of disability groups included by designing inclusive and accessible trainings adapted according to the learning needs of different disability groups. Mainstreaming disability rights and promoting accessibility within youth sector is her long term special focus themes. She has a big passion on Deaf culture and sign language.



Adina Marina CALAFATEANU; PhD in Political Sciences (Comparative European Youth Policies in Romania and Turkey), with extended expertise in grassroots youth work and youth work methodologies and practices, youth participation methodologies and inclusion policies. MA in Comparative European Social Studies (MACESS) at London Metropolitan University, holding a BA in Political Sciences and one in Social Work – University of Bucharest. Her research interests are in the field of social policies for young people, structured dialogue and participatory youth structures, youth led movements, community development, youth social entrepreneurship, corporate social responsibility and social impact, as well as into the transfer mechanisms of European policies and programmes to the local realities.

PRACTICAL INFO

- *The duration of the training is 6 days + 2 travel days:
The arrival day is 3 March Friday. We will start the training with the dinner at 19:00 in the hotel. So please arrange your trip accordingly and make sure you arrive at the hotel before the dinner. The departure day is 10 March Friday, therefore there will be no activity that day;*
- *English will be the working language. Participants are required to have sufficient understanding of English;*
- *Food, accommodation and training costs will be covered by us;*
- *VISA costs will be covered 100%;*
- *Travel costs will be reimbursed according to the rules of Erasmus +;*
- *Participation fee is 30 EUR and will be paid in cash during the training;*
- *Participants with disabilities are highly encouraged to take part in the TC.*

NUMBER OF PARTICIPANTS & MAX TRAVEL COSTS

Due to the 35% cut in the project budget by the Latvian National Agency, the numbers of the pax have been updated as below. These numbers include the sign language interpreters and special assistants if any.

Croatia	275.00EUR/person.....	5 Pax
Turkey	360.00 EUR/person.....	4 Pax
Romania	275.00 EUR/person.....	4 Pax
Slovenia	275.00 EUR/person.....	4 Pax
Italy	275.00 EUR/person.....	4 Pax
Belgium	275.00 EUR/person.....	3 Pax
Spain	360.00 EUR/person.....	4 Pax

REIMBURSEMENT

Reimbursements will be made via bank transfer to your organisation's bank account upon the receipt of all travel documents in original.

VENUE

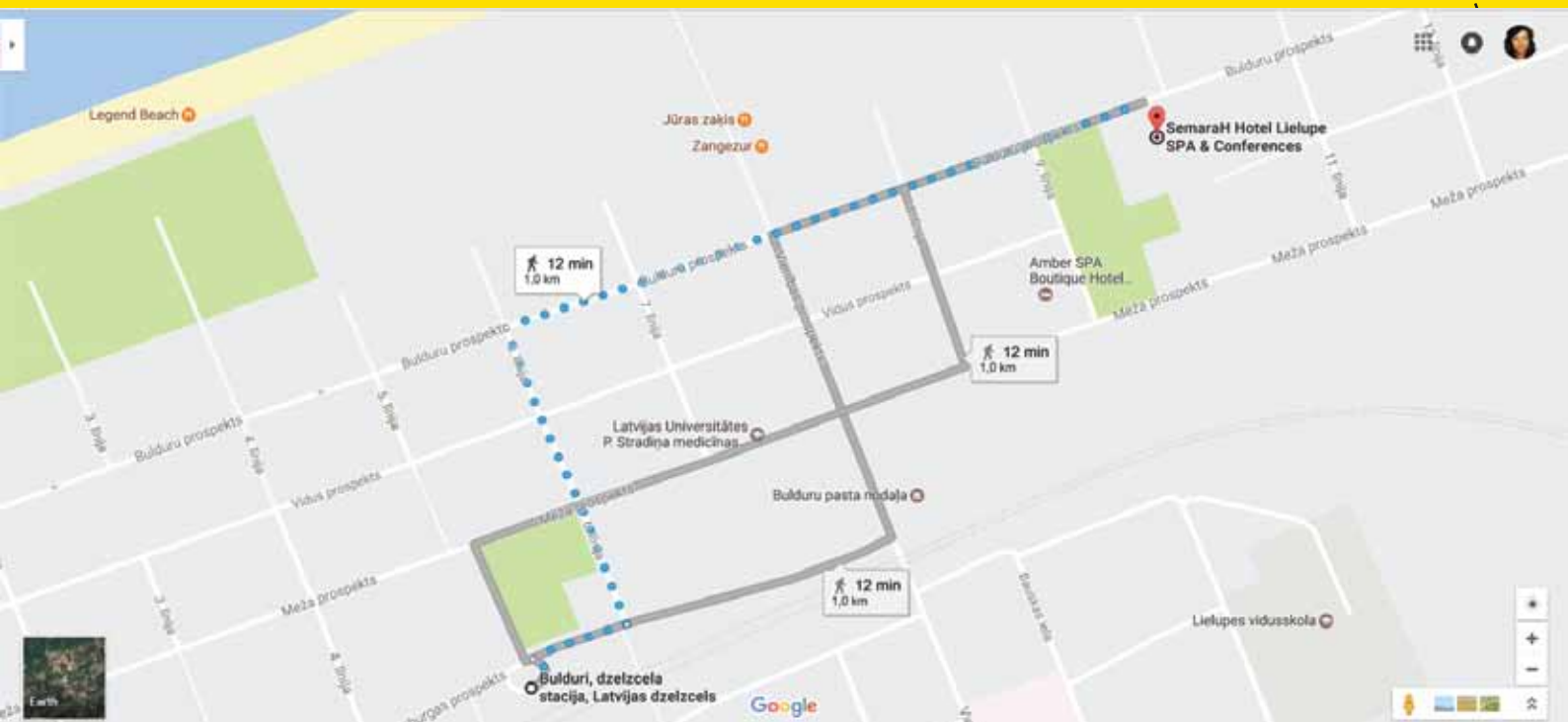


Jūrmala is the only resort city in Latvia and the first Latvian city to be admitted to the European Spas Association. It is the second largest city in Latvia after Riga. Jūrmala is surrounded by water from two sides - the city's southern side borders with the coasts of the Lielupe River for 30 kilometres, but the city's northern edge - with the Gulf of Riga for 24 kilometres.

ACCESSIBILITY

Jūrmala has made diligent efforts to make the city more accessible to people with physical and visual disabilities. The Jaunķemeri, Kauguri, Vaivari, Dzintari and Bulduri beaches are adapted for people with special needs. There are exit paths here suitable for wheelchairs, as well as special changing rooms for people with reduced mobility. Likewise, all newly built and reconstructed walkways and sidewalks feature integrated tactile markings that aid navigation for the visually impaired. Also, the city's traffic lights are equipped with audible signals. Disabled people have full access to Jūrmala's public buildings - the City Council, Jūrmala City Museum, Aspazija's house, Social Integration State Agency for training and rehabilitation units and other structures. A significant benefit is the platform modernization of Jūrmala's railway stations. More information about the accessibility of Jūrmala's institutions and infrastructure is available on the interactive map www.mapeirons.lv.

VENUE



HOTEL

Hotel Semarah Lielupe (<https://www.semarahhotels.com/en/lielupe-hotel/>) will be hosting us. We will be staying in rooms of 2-3 people. Address is **Bulduru prospekts 64/68, Jūrmala, LV-2010**. Contacts Front Desk: +371 67752755

When you arrive at Riga International Airport, you have 2 options to get to our hotel in Jūrmala:

- Taking public transport. Take **22. Bus** (price 2 EUR in a bus) at airport to **Central station** (Centrālā stacija), then go in train station and you must buy train ticket to "Bulduri"(price 1.40 EUR). Get on the train heading to "Dubulti", "Sloka" or "Tukums". Train usually is on 4th or 5th track. Your station is "**Bulduri**" it is 2nd station after bridge over "Lielupe" river. From train station to hotel route is here <http://ej.uz/semarah> or in the map above. It takes more or less 1,5 hour. Please keep your tickets for the reimbursement.
- Taking taxi, which will cost around 15 EUR. Say "I need to go to Semarah Hotel Lielupe " and he will take you there. It takes more or less 30 min. Taxi costs are not refundable according to Erasmus + rules.



For our wheel chair user participants, in case of need, an adapted transfer will be arranged from-to the airport.

VENUE

INTERNET

The venue is equipped with internet. It works most of the time. BUT: There won't be computers other than the ones you bring with you!

WEATHER

Generally speaking it is still winter in Latvia during the March. So you must dress accordingly because it might snow. Average temperatures during the day could be around 0 degree and in night -10 degree.

About the clothes in general, we will use many non-formal training methods so basically take comfortable things to wear. Of course as we will have the intercultural night and some parties etc. it's up to you if you want to bring something "fancy". :)

WHAT TO BRING???

- Copy of your passport** (with the photo and identity page) and the visa pages.
- Copy of your flight tickets and invoices.** Keep the boarding passes safe because we will need them while refunding. We need the originals of your receipts (invoices) if possible in EURO. Please be aware, taxi receipts are not accepted.
- Your **cameras**, because you are going to take a lot of photos. :)
- Some examples of **your youth work and materials** (posters, leaflets, photos, magazines, podcasts, videos, CDs...) for a small and humble exhibition during the project. This should express and visualise how your work is/can be connected to inclusion. Please focus on good practice (actions, projects), and future plans or offers for co-operation of your organisation with other organisations.
- For the intercultural night **some traditional stuff**, national flags, some local or national drinks and snacks no complicated, not to be cooked and easy to serve. Also please bring video CD's, music, posters, postcards, photos of your country, and leaflets of your organizations; also some small original gifts would be great. :) Just try to prepare some original things to make the other people discover interesting things about your culture.

VENUE

- For the inclusive intercultural night, prepare **one of those as a team**:
 - a short **traditional story** or a fairy tale;
 - some **traditional jokes** or **traditional games** well known in your country;
 - a **short dance performance** to make your presentation more interesting;
 - a **pop-quiz** with max 6-7 interesting questions about your country.No power point presentations or youtube videos please! ;)
- Some **cool pieces of music from your country** or region or anywhere else. Imagine 34 people from 8 countries, a stereo, a room, the need to dance, and a long night ahead... ;)
- Bring your **personal medical supplies** if any needed.
- Endless amounts of good mood, motivation** for working together and your artistic skills! Can you play the guitar, sing, dance? Have you got any hidden talents? Impress us!
- Bring your **swimsuit** for Spa`s and water park. Just in case. ;)

THE METHODOLOGY

Non-formal learning is different from formal education or spontaneous informal learning. It means that you are at the training course because you wanted by yourself, and not because anyone told you that you have to be there. It also means that you are responsible for your own learning, while the team and the group support you. And it certainly means that your feedback is important and will be used to improve future training courses. And, let's not forget that non-formal learning also means facing a challenge, experiencing and learning to cope with quite a bit of stress, but also – lots of fun! We are open to your any kind of suggestions, proposals, feel free to share anytime... Can't wait to meet you all soon :)

SAY! team,
E-mail: info.sayorg@gmail.com
Mob: +371 26 717 071

DAILY PROGRAMME

<i>Day/Time</i>	<i>Morning Session</i>	<i>Afternoon Session</i>	<i>Evening Session</i>
March 3	Arrivals	Arrivals	Welcome Party Getting to know games
March 4	Introduction, Expectations, Practicalities Getting to know "Best buddy" pairing-up Team / Trust Building Exercises	WHY mixed ability projects? Concept of disability Tips & Tricks about each specific disability group Deaf Culture (led by deaf pax) Guiding skills (led by blind pax)	Youth pass game Introducing "My dear learning diary"
March 5	Group work: Mapping out our group's needs Concept of Inclusion & Diversity "From theory to reality!"	Accessibility in terms of physical environment, transportation Check out your check list Group work: "Inspect the hotel"	Mission Accessible: "How to organize an inclusive Intercultural Night"
March 6	Visiting local NGOs working with ppl with disabilities	CITY TOUR in RIGA "Inspectors in action"	FREE NIGHT
March 7	METH LAB Adapting methods	MAGIC in Non Formal Education "Inclusive games are fun too"	Art workshop "Creativity as a tool for inclusion"
March 8	Access to information (how to make inclusive activity announcements, produce accessible training materials, application forms, websites..etc)	Inclusive youth project designing Working in groups	FREE NIGHT
March 9	Group Presentations Risk assesment: "What can go wrong? How to manage?"	FUTURE COOPERATION "How to mainstream accessibility in youth projects" FINAL EVALUATION	FAREWELL PARTY
March 10	DEPARTURES	DEPARTURES	DEPARTURES

!Mornings will start with 15 min sign language exercises; Before the dinners we'll have reflection groups + learning diaries; After lunch there will be a 1 hour Siesta time!